

# 101 | Paratha

3311 Regent Blvd #121, Irving, TX 75063

Make it a TANDOORI Paratha!

Choose Tandoor cooked Paratha for no extra charge

Make it a EGGALICIOUS Paratha!

Add EGG to your Paratha +\$2

## VEGETARIAN (Includes One Side, Raita, Pickle & Butter)

<b>1. TWISTED PARATHA - LACCHA PARATHA</b> <small>Layered, flaky flatbread typically made with wheat flour</small>	\$9.99
<b>2. NANI KA NUSKA - AJWAIN PARATHA</b> <small>Flaky flatbread stuffed with carom seeds</small>	\$9.99
<b>3. HARA BHARA - PUDINA PARATHA</b> <small>Layered flatbread stuffed with mint &amp; coriander leaves</small>	\$9.99
<b>4. CRY BABY - PYAZ &amp; MINT PARATHA</b> <small>Flatbread stuffed with onions, mint &amp; Indian spices</small>	\$9.99
<b>5. KUCH TEEKHA KUCH KHATTA - ACHARI PARATHA</b> <small>Flatbread stuffed with spiced-pickled vegetables</small>	\$9.99
<b>6. JUST POTATO - ALOO PARATHA</b> <small>Flatbread stuffed with potatoes, ginger, cumin &amp; green chilies</small>	\$10.99
<b>7. BHARWAN ALOO DAHI POCKET PARATHA</b> <small>Flatbread stuffed with marinated potatoes, yogurt, green chilies, cilantro &amp; dried mango</small>	\$11.99
<b>8. MAST MIX - ALOO MATAR PARATHA</b> <small>Flatbread stuffed with spiced mashed potatoes &amp; green peas</small>	\$11.99
<b>9. MERI TERI KHOOB NIBHEY GI - ALOO METHI PARATHA</b> <small>Flatbread filled with mashed potatoes &amp; fenugreek leaves</small>	\$11.99
<b>10. HUM DONO - ALOO PANEER</b> <small>Flatbread filled with cottage cheese, potatoes, green chilies &amp; cilantro</small>	\$12.99
<b>11. CHATPATA ACHARI ALOO PARATHA</b> <small>Flatbread stuffed with tangy potato &amp; pickled vegetables</small>	\$12.99
<b>12. MOGAMBO KHUSH HUA - ALOO PYAAZ TAMATAR PARATHA</b> <small>A popular combination of potatoes, onions and tomatoes, stuffed flatbread</small>	\$11.99
<b>13. GOLUM GOL - ALOO MUSHROOM SPROUTS PARATHA</b> <small>Flatbread filled with potatoes, gram sprouts &amp; sauteed mushrooms</small>	\$12.99
<b>14. SWAAD KA ASLI RAAZ - ALOO GAJAR MATTAR PYAAZ PARATHA</b> <small>Flatbread stuffed with potatoes, carrots, peas, onions, cumin &amp; cilantro leaves</small>	\$12.99
<b>15. CHENNAI KA DON - MASALA DOSA PARATHA</b> <small>Flatbread stuffed with South Indian flavored masala potatoes, onions, chilies &amp; curry leaves</small>	\$11.99
<b>16. CHAK DE PUNJAB - AMRITSAR ALOO PARATHA</b> <small>Flatbread stuffed with potatoes, dry mango powder, cilantro, garam masala &amp; ground Indian spices</small>	\$11.99
<b>17. ALOO BIKANERI - ALOO BHUJIYA PYAZ PARATHA</b> <small>Flatbread stuffed with chopped potatoes, onions, tomatoes &amp; Indian spices</small>	\$11.99
<b>18. PHOOLAN KI BAHAR - GOBHI PARATHA</b> <small>Flatbread stuffed with grated cauliflower, cilantro, green chili &amp; Indian spices</small>	\$11.99
<b>19. KUCH KHAAS -GOBHI PANEER PARATHA</b> <small>Flatbread stuffed with cauliflower, cottage cheese, cumin &amp; chili powder</small>	\$12.99
<b>20. GOLMAL HAI BHAI SAB GOLMAL - GOBHI MATTAR CORN CHEESE PARATHA</b> <small>Flatbread stuffed with cauliflower, green peas, corn kernels, cream cheese &amp; Indian spices</small>	\$13.99
<b>21. MAUSAM E BHAAR - GOBHI MUSHROOM PANEER PARATHA</b> <small>Flatbread stuffed with mushrooms, cauliflower, grated cottage cheese, cumin &amp; cilantro</small>	\$13.99
<b>22. PATTE PE PATTI - PATTI-GOBHI PARATHA</b> <small>Flatbread stuffed with grated cabbage, cilantro, red chili &amp; dry mango powder</small>	\$11.99
<b>23. HARYALI AUR RASTA - PAATA GOBHI MUTTER PARATHA</b> <small>Flatbread stuffed with cabbage, mashed green peas &amp; ground spices</small>	\$12.99
<b>24. SOONGETE RAH JAO GE - MOOLI PARATHA</b> <small>Flatbread stuffed with grated white radish &amp; seasoned with spices</small>	\$11.99
<b>25. KHUSHBOO JO SAATH NIBHAYE - MOOLI PANEER PARATHA</b> <small>Flatbread stuffed with grated white radish &amp; cottage cheese</small>	\$12.99
<b>26. JIYA JALE JAAN JALE - HARI MIRCH PYAZ PARATHA</b> <small>Flatbread filled with saut-éed green chilies, onion and nigella seeds</small>	\$10.99
<b>27. TU CHEESE BADI HAI MAST MAST - HARI MIRCH CHEESE PARATHA</b> <small>Flatbread stuffed with chopped green chilies, cream cheese &amp; cumin</small>	\$11.99
<b>28. NAI DULHAN - PANEER BHURJI PARATHA</b> <small>Flatbread stuffed with grated cottage cheese, onions, tomatoes, cilantro &amp; ground spices</small>	\$11.99
<b>29. MAKHAN MAR KE - PANEER MAKHANI PARATHA</b> <small>Flatbread stuffed with grated cottage cheese, butter sauce &amp; spices</small>	\$11.99
<b>30. WAH KYA CHEESE HAI - PANEER PYAAZ SHIMLA MIRCH PARATHA</b> <small>Flatbread stuffed with cottage cheese, onions, and bell peppers</small>	\$12.99
<b>31. EK DUM JHAKAS - PANNER TIKKA HARI MIRCH PARATHA</b> <small>Flatbread stuffed with cottage cheese, green chilies, and Indian spices</small>	\$12.99
<b>32. HAWA HAWAII - CREAM CHEESE CORN PINEAPPLE PARATHA</b> <small>Flatbread stuffed with cream cheese, corn, cilantro &amp; pineapple</small>	\$13.99
<b>33. SHAM SAVERA - PANEER PALAK PARATHA</b> <small>Flatbread stuffed with cottage cheese, chopped spinach, cumin powder &amp; Indian spices</small>	\$12.99
<b>34. PUNDIT BIHARI KHAYE - PANEER ACHARI PARATHA</b> <small>Flatbread stuffed with spiced pickled vegetables &amp; cottage cheese</small>	\$12.99
<b>35. DESI GONE TO ITALY - CHILI PANEER PIZZA STYLE PARATHA</b> <small>Flatbread stuffed with cottage cheese, onions green chilies &amp; soy sauce</small>	\$13.99
<b>36. FORGET ME NOT - PANEER ALOO GOBHI MOOLI PYAAZ PARATHA</b> <small>Flatbread stuffed with cheese, spiced potatoes, cauliflower, radish, chopped onions &amp; spices</small>	\$13.99
<b>37. CHANNA VE MEREYA - CHANA DAL PARATHA</b> <small>Flatbread stuffed with yellow lentils, green chilies &amp; cilantro</small>	\$12.99
<b>38. TRIPLE M - METHI MALAI MATTAR PARTHA</b> <small>Flatbread stuffed with fenugreek leaves, cream &amp; green peas spiced with chilies</small>	\$12.99
<b>39. HALO RE HALO - JALAPENO CHEESE PARATHA</b> <small>Flatbread stuffed with minced jalapeno , sour cream &amp; Indian spices</small>	\$12.99
<b>40. RAWALPINDI KI SAIR - PINDI CHANA PARATHA</b> <small>Flatbread stuffed with white chickpeas &amp; Indian spices with a tangy flavor</small>	\$12.99
<b>41. JAMMU KA NAZRANA - RAJMA PARATHA</b> <small>Flatbread stuffed with kidney beans, onions, mango powder and spices</small>	\$12.99
<b>42. NAKLI KUKKAR SHAKAHARI - SOYA BEAN NUTRI PARATHA</b> <small>Flatbread stuffed with soya nutrela, green chilies, onions &amp; spices</small>	\$13.99
<b>43. LAAL LAAL GAAL - CHUKANDAR PARATHA</b> <small>Flatbread stuffed with grated beetroot, cilantro &amp; green chilies</small>	\$11.99
<b>44. CHAL AKELA CHAL AKELA - LILWA TOOR PARATHA</b> <small>Flatbread stuffed with green gram lentils, onions, cilantro &amp; green chili</small>	\$12.99
<b>45. SALAME BAINGAN - BAINGAN BHARTHA PARATHA</b> <small>Flatbread stuffed with oven-roasted eggplant, cilantro &amp; green chilies</small>	\$12.99
<b>46. KABUL KI SHAAN - KABULI CHANA HARA PYAAZ PARATHA</b> <small>Flatbread stuffed with chickpeas, spring onions, green chili &amp; mango powder</small>	\$12.99
<b>47. MILLI JULI SAAZISH - MIX VEG PARATHA</b> <small>Flatbread stuffed with saut-éed &amp; pickled vegetables</small>	\$12.99
<b>48. BEGUM KI PASAND - MYSORE ALOO PARATHA</b> <small>Flatbread stuffed with lentil, potato, curry leaves red chilies mustard seed &amp; garlic</small>	\$11.99
<b>49. HEALTH IS WEALTH - BROCCOLI PARATHA</b> <small>Flatbread stuffed with blanched broccoli, onions &amp; green chili</small>	\$11.99
<b>50. HARYALI AUR RASTA - BROCCOLI,CHEESE, PYAZ PARATHA</b> <small>Flatbread stuffed with chopped broccoli, sour cream &amp; onions</small>	\$12.99
<b>51. DIL DAHI DHAI - DAHI KEBAB POCKET PARATHA</b> <small>Flatbread filled with yogurt, onions, cilantro, chili &amp; spices</small>	\$12.99
<b>52. EVERGREEN - METHI HARI MIRCH PARATHA</b> <small>Flatbread stuffed with chopped fenugreek leaves, green chili, mango powder &amp; spices</small>	\$11.99
<b>53. LAHASUNI PARANTHA - PALAK HARA LAHASUN PARATHA</b> <small>Flatbread stuffed with garlic, spinach, green chilies &amp; spices</small>	\$11.99

Call (972) 636 4103 | Order Online: 101Paratha.com

## SIDES Portion Size 8oz

<b>DAAL MAKHANI</b> <small>A mix of lentils, red kidney beans, onion, garlic and cream</small>	\$5.99
<b>AMRITSARI PINDI CHOLE</b> <small>Chickpeas boiled with tea and fused with aromatic spices and fragrant homemade chole masala</small>	\$5.99
<b>PALAK PANEER</b> <small>A popular Indian entrée that combines fresh spinach, cottage cheese, cream and garlic</small>	\$6.99
<b>DHABA CHICKEN</b> <small>Punjabi style chicken curry made with whole spices and a classic base of onions and tomatoes</small>	\$7.99

## NON-VEGETARIAN (Includes One Side, Raita, Pickle & Butter)

<b>54. JUST EGG - UBLA ANDA PARATHA</b> <small>Flatbread Stuffed with a boiled egg mixture and Indian spices</small>	\$10.99
<b>55. ANDE KA FUNDA - ANDA OMELET PARATHA</b> <small>Flatbread stuffed with boiled eggs, onions, tomatoes, green chili, and cilantro</small>	\$10.99
<b>56. ANDA BOLEIN OYE OYE - ANDA BHURJI PARATHA</b> <small>Flatbread stuffed with scrambled egg, cumin seeds, onions, tomatoes, green chilies, cilantro &amp; spices</small>	\$10.99
<b>57. ANARKALI PARANTHA - ANDA -TURKEY KEEMA PARATHA</b> <small>Flatbread fried with egg white and stuffed with spiced ground turkey</small>	\$11.99
<b>58. SHAUKEEN PARANTHA - ANDA KUKKAD KEEMA PARATHA</b> <small>Flatbread topped with egg and stuffed with minced chicken, cilantro &amp; spices</small>	\$12.99
<b>59. NAWABI NAKHRA - ANDA BAKRA KEEMA PARATHA</b> <small>Flatbread topped with egg; stuffed with minced lamb and Indian spices</small>	\$14.99
<b>60. JASHNE BAHARAN - ACHARI KUKAD PARATHA</b> <small>Flatbread stuffed with spiced chicken, cilantro &amp; lemon</small>	\$12.99
<b>61. KUKKAD PUNJABI -- MURG KEEMA PARATHA</b> <small>Flatbread stuffed with minced chicken, cooked with ground Indian spices &amp; cilantro</small>	\$12.99
<b>62. CHICKEN SHIKAN AUR MATAR - MURG KEEMA MATTAR PARATHA</b> <small>Flatbread stuffed with minced chicken, and peas cooked with ground Indian spices</small>	\$13.99
<b>63. MAKHANI KUKKAD -MURG MAKHAN MAR KE PARATHA</b> <small>Flatbread stuffed with butter chicken, onion &amp; cilantro. Definitely a favorite</small>	\$12.99
<b>64. GAZAB KA TIKKA - MURGH TIKKA GREEN PEPPER PARATHA</b> <small>Flatbread stuffed with marinated chicken &amp; green bell peppers</small>	\$12.99
<b>65. CREAMY DELIGHT - MALAI MURG PARATHA</b> <small>Flatbread stuffed with spiced marinated chicken &amp; cream</small>	\$12.99
<b>66. KUKKAD - E - HARIYALI - MURG SPINACH CHEESE PARATHA</b> <small>Flatbread stuffed with minced chicken and creamy spinach</small>	\$13.99
<b>67. SAR JO TERA CHAKRAYE - MURG TOSSED WITH HOUSE SHARAB PARATHA</b> <small>Flatbread stuffed with chicken pieces tossed in cooking alcohol &amp; spices</small>	\$14.99
<b>68. MURG WITH MISS METHI - METHI MURG PARATHA</b> <small>Flatbread filled with chicken, fenugreek leaves, onions &amp; chilies</small>	\$12.99
<b>69. MURG KE SAATH KHAAS PYAAZ - MURG DO PYAZA PARATHA</b> <small>Flatbread stuffed with chicken, variety of onions and Indian spices</small>	\$12.99
<b>70. BADAME MURGH - ALMOND CHICKEN PARATHA</b> <small>Flatbread stuffed with chicken, almonds, and spices</small>	\$13.99
<b>71. YEH PARANTHA MUJHE DE DE THAKUR- HARYALI MURG KEBAB PARATHA</b> <small>Flatbread filled with chicken marinated in yogurt, mint &amp; cilantro</small>	\$13.99
<b>72. HANSTE HANSTE LAG GAYE RASTE - CHILI MURG PARATHA</b> <small>Flatbread filled with an Indo-chinese flavored chicken , tossed with soy sauce &amp; chilies</small>	\$12.99
<b>73. MURG IN SHIMLA - SHIMLA MIRCH CHICKEN PARATHA</b> <small>Flatbread stuffed with chicken, bell peppers &amp; spices</small>	\$12.99
<b>74. LAILA MAJNU - MUGHLAI MURG PARATHA</b> <small>Flatbread filled with saffron spiced chicken, cashew, dry fruits &amp; spices</small>	\$13.99
<b>75. MAKAI KI BAHAR - SWEET CORN CHEESE PYAZ MURG PARATHA</b> <small>Flatbread stuffed with chicken, corn kernels, cheese cream, cilantro &amp; spices</small>	\$13.99
<b>76. BHATTI DA MURGH - TANDOORI MURGH PARATHA</b> <small>Flatbread filled with marinated chicken, cooked in a clay oven, yogurt &amp; Indian spices</small>	\$12.99
<b>77. CHANDNI CHOWK TO CHINA - SCHEZUWAN MURGH PARATHA</b> <small>Flatbread stuffed with chicken, red chilis, shallots &amp; garlic cloves</small>	\$13.99
<b>78. TAKA TAK SPECIAL - LAMB KEEMA PARATHA</b> <small>Flatbread stuffed with minced lamb cooked with ground Indian spices &amp; cilantro</small>	\$14.99
<b>79. PREETAM AAN MILO - LAMB KEEMA GREEN PEAS CREAMY CHEESE PARATHA</b> <small>Flatbread stuffed with minced lamb, green peas, cream cheese &amp; cilantro</small>	\$14.99
<b>80. JAL KI RANI - FISH TIKKA PARATHA</b> <small>Flatbread stuffed with fish marinated in yogurt, spices, green chilies, dry mango &amp; cilantro</small>	\$14.99
<b>81. BADE BHAIIYA KI PASAND - MUTTON SEEKH KEBAB PARATHA</b> <small>Flatbread stuffed with minced goat meat, marinated with garam masala &amp; mustard oil</small>	\$14.99
<b>SWEET PARATHAS</b>	
<b>82. MAST PARATHA - DRY FRUIT CREAM CHEESE PARATHA</b> <small>Flatbread filled with chopped dry fruits, cream cheese, cardamom powder &amp; sugar</small>	\$12.99
<b>83. KUCH MEETHA HO JAYE - CHINNI PARATHA</b> <small>Flatbread stuffed with a combination of white &amp; brown sugar</small>	\$12.99
<b>84. DADI MAA KI PASAND - GUR SHAKKAR PARATHA</b> <small>Flatbread filled with grated jaggery, dry fruits &amp; dry coconut shavings</small>	\$11.99
<b>85. GULABI GUBAARA - GULAB JAMUN PARATHA</b> <small>Flatbread stuffed with dumplings made of fried condensed milk, cardamom powder &amp; dried fruits</small>	\$12.99
<b>86. CHAAND KA TUKRA - KALAKAND PARATHA</b> <small>Flatbread stuffed with sweet milk cake, dry fruits cardamom powder &amp; rose water flavor mix</small>	\$13.99
<b>87. DADI KE HAATH SE - CHINNI SHAKKAR CHURI PARATHA</b> <small>Fried, crushed flatbread filled with sugar, ghee, dry fruits &amp; dried coconut</small>	\$12.99
<b>88. BACCHON KI PASAND - NUTELLA PARATHA</b> <small>Flatbread stuffed with Nutella &amp; dried fruits</small>	\$12.99
<b>89. KHATE KHATE LUV HO JAYE - MOTICHOOR LADOO PARATHA</b> <small>Flatbread stuffed with sweet gram flour dumpling, dry fruits &amp; cardamom powder</small>	\$13.99
<b>90. LOST IN PARADISE - KHOYA PARATHA</b> <small>Flatbread stuffed with slow cooked sweet, flavored milk &amp; cardamom powder</small>	\$13.99
<b>91. MEVE KA BHANDAR - KHOYA DRY FRUITS PARATHA</b> <small>Flatbread stuffed with slow cooked mixture of sweet milk &amp; chopped dry fruits</small>	\$14.99
<b>92. JHOOM BARABAR JHOOM - DRY FRUITS SOAKED IN ALCOHOL OVERNIGHT</b> <small>Flatbread stuffed with chopped-mashed dry fruits soaked overnight in alcohol &amp; sugar</small>	\$14.99
<b>SINGAPORE SPECIAL *</b> (Includes One Side, Raita, Pickle & Butter)	
<b>93. DOSTON KA DOST - ACHARI ALOO PARATHA</b> <small>Flatbread stuffed with potato &amp; pickled vegetables</small>	\$12.99
<b>94. WAH KYA BAAT-ALOO GOBHI PYAAZ PARATHA</b> <small>Flatbread stuffed with grated cauliflower; potatoes &amp; onions tossed in ground Indian spices</small>	\$12.99
<b>95. TEEN KI TIGRI - PAATA GOBHI MUTTER GAJAR PARATHA</b> <small>Flatbread stuffed with cabbage, carrots, green peas, dry mango powder &amp; garam masala</small>	\$12.99
<b>96. KHA KE DEKHO - MOOLI PARATHA</b> <small>Flatbread stuffed with grated white radish &amp; seasoned with spices</small>	\$11.99
<b>97. HARA BHARA KEEMA - LAMB KEEMA GREEN PEAS PARATHA</b> <small>Flatbread stuffed minced lamb and green peas cooked with ground Indian spices &amp; cilantro</small>	\$14.99
<b>98. NAWABE KHAS - CHICKEN TIKKA</b> <small>Flatbread stuffed with grilled chicken &amp; green pepper</small>	\$12.99
<b>99. SUNDAY YAHN MONDAY ROZ KHAO ANDE - EGG ON EGG PARATHA</b> <small>Flat Bread stuffed with Egg &amp; grated onion</small>	\$10.99
<b>100. KUKAD KHAYE PALAK - CHICKEN PALAK MIX PARATHA</b> <small>Flat Bread stuffed with grated chicken and palak</small>	\$13.99
<b>101. ROYAL PARATHA - LAMB NUTS SAFFRON SILVER PARATHA</b> <small>Flat Bread stuffed with lamb, Nuts, Saffron Silver Waqar Chef special</small>	\$16.99
<b>DRINKS</b>	
<b>MANGO LASSI   SWEET LASSI</b>	3.99
<b>TEA   COFFEE</b>	2.99

\*Items contains egg and may not be suitable for vegetarians. All meat products are certified Halal. Extra Sides, Pickle, Raita or Homestyle butter are chargeable